

# MAIN MENU



## BREADS

**Bread Board** **V VG** (Optional) 8.95  
 A selection of our breads, butter & a selection of oils.

Garlic Breads & Focaccias made with our own homemade dough. Gluten free options available, please ask your Teller.

**Focaccia** **V VG** 7.95  
 Pizza base, lightly salted, drizzled in Olive oil and sprinkled with Rosemary

**Garlic Bread Plain** **V VG** 7.95  
 Pizza base, sprinkled with crushed garlic and herbs

**Garlic Bread Tomato** **V VG** 8.95  
 Pizza base, sprinkled with crushed garlic, herbs and a lightly seasoned tomato sauce

**Garlic Bread Cheese** **V VG** (Optional) 8.95  
 Pizza base, sprinkled with crushed garlic and herbs, covered in Mozzarella

**Garlic Bread Spicy** **V VG** 8.95  
 Pizza base, sprinkled with crushed garlic, herbs and a lightly seasoned tomato sauce, fresh chilly, red onion & fresh basil.



## STARTERS

**Homemade Soup** **V VG** (Optional) 6.95  
 Fresh homemade soups all served with a bread roll and butter.  
*(please ask your Teller for daily options)*

**Bruschetta** **V VG** (Optional) 6.95  
 Two pieces of toasted garlic baguette topped with diced vine tomato, red onion, seasoned Olive oil, topped with fresh Rocket and Parmesan flakes.

**Breaded Mushrooms** **V** 7.95  
 Fresh mushrooms, twice coated in our own seasoned breadcrumbs, deep fried & served with a mixed leaf garnish and garlic mayonnaise.

**Chicken Wings** 8.95  
 Oven roasted chicken wings served in our own home made sauce. Choose from Sweet n Sticky BBQ, Garlic-Honey-Chilli or Spicy Tangy Tomato.

**Paté** 8.95  
 Homemade chicken liver pate lightly seasoned and slow cooked with cream, onions, garlic and a splash of brandy served with sliced toasted ciabatta, butter, sweet mixed berry and red onion chutney.  
*(Add extra bread 1.50)*

**Tempura Prawns** 8.95  
 Tail-on King Prawns dipped in tempura batter and fried until golden brown.

**Spare Ribs** 9.95  
 Half rack of pork ribs slow roasted in the oven, served in our own home made glaze.

**Prawn Cocktail** 8.95  
 Shredded Iceberg lettuce, mixed leaf, fine sliced avocado, topped with prawns and homemade Marie Rose sauce.





## BURGERS

All our burgers are served on a brioche bun with iceberg, coleslaw, tomato relish and your choice of chunky chips, regular fries, Paprika fries or spicy chilli fries. Upgrade your fries to Halloumi fries for 3.50 or sweet potato fries 1.50

**Bank Burger** 15.95  
Seasoned 8oz cumbrian beef burger patty, tomato, lettuce and relish.  
Add Blackpudding for 1.00  
Add Cheese for 0.50

**Bank Cheese 'n' Bacon** 16.95  
Seasoned 8oz Cumbrian beef burger patty, a thick slab of melted cheddar, crispy bacon, tomato, lettuce and relish.  
Add Blackpudding for 1.00

**Italian Chicken Burger** 15.95  
Seasoned breaded chicken breast topped with a rich tangy tomato sauce and topped with grated cheese.

**Moving Mountains Burger or Strong Roots** (Optional) 15.95  
Packed with plant protein, an irresistible juicy and succulent plant-based burger. (Add *vegan cheese & bacon* 1.50)



## SALADS

**Insalata Mista** (Optional) 11.95  
Light and simple. Mixed lettuce, seasonal leaves, fresh sliced cucumber, fresh sliced tomatoes, diced peppers, onions & grated carrot, (optional croutons 0.50)  
(Add chargrilled chicken 2.50)  
(Add grilled halloumi 3.50)

**Nicoise Salad** 12.95  
Mixed lettuce, seasonal leaves, Tuna, Anchovies, capers and olives, free range eggs, seasonal mixed leaves, cucumber, tomato and dressing.

**Chicken Caesar** 14.95  
Our take on a classic salad containing mixed lettuce, seasonal leaves, grilled chicken breast, anchovies, croutons, free-range egg, rocket, bacon, parmesan cheese shavings, and a classic caesar dressing.

**Chicken, Bacon & Avocado Salad** (when available) 14.95  
Grilled chicken breast, crisped bacon and sliced avocado top a seasonal mixed leaves salad with fresh tomato and a honey mustard dressing.



## EXTRAS

Chunky Chips 3.50  
Regular Fries 3.50  
Spicy Fries 3.50  
Paprika Fries 3.50  
Sweet Potato fries 3.50  
Halloumi Fries 5.50  
Jacket Potato 2.50  
Garlic, herb, butter mash 3.50  
Oven roast veggies 3.50  
Mixed Leaf Salad 3.50  
Grilled mini cob 3.50  
Onion Rings 3.50  
Homemade coleslaw 2.50  
Boiled Rice 2.50  
Garden Peas 2.50  
Sautéed Mushrooms 2.50  
Mushy Peas 2.50



## THE GRILL MAINS

(All our produce is locally sourced, hand cut and prepared in house)

**10oz Gammon (served with Egg & Pineapple)** 20.95  
**10oz Rump** 23.95  
**10oz Sirloin** 27.95  
**10oz Fillet** 34.95  
**Bank Mixed Grill** 36.95  
For the really hungry. Gammon, sausages, rump steak, lamb chop, Pork loin, chicken breast, black pudding, mushrooms and grilled cherry tomatoes.  
(Make your steak surf n turf add pan fried king prawns 3.50)



## MAINS

**Hunters Chicken** 18.95  
A grilled chicken breast cooked in our own homemade Sweet n Sticky BBQ sauce topped with bacon and melted cheddar cheese.

**Deviled Chicken** 18.95  
Chargrilled chicken breast cooked with homemade Napoli sauce, Tabasco, fresh chilli & a dash of cream.

**Lemon Chicken** 18.95  
Chargrilled chicken breast cooked in a homemade velvety lemon, butter, and white wine sauce.

**Chicken 'n' Ribs Combo** 24.95  
Chargrilled chicken breast & half rack of ribs both cooked in one of our signature sauces, served with a grilled mini cob & homemade coleslaw. (Choose your sauce: *sweet 'n' sticky BBQ, Garlic-honey-chilli, or Spicy tangy tomato*)

**Ribs** 20.95  
Slow cooked ribs slow roasted in the oven, served in our own homemade glaze. (Choose from our *sweet and sticky BBQ, Garlic-Honey-Chilli and Spicy Tangy Tomato*)

**Lamb Shank** 25.95  
A succulent and juicy lamb shank, slow roasted & cooked in the oven, served in a red wine and lightly minted sauce.

**Stroganoff** 15.95  
Diced onions, sliced mushrooms, brandy, red wine, paprika, cream & dash of French mustard combined into a rich creamy dish.

**Mushroom Stroganoff** (Optional) 20.95  
**Chicken Stroganoff** 27.95  
**Beef Stroganoff** 16.95

**Beer Battered Fish & Chips** 22.95  
A traditional classic. A Codfish fillet lightly floured and dipped in our on homemade beer batter served with thick cut chips and peas.

**Salmon Fillet** 25.95  
A lightly seasoned grilled salmon fillet served in a light lemon & lime drizzle, served with a mixed leaf garnish.

**Sea Bass** 25.95  
Two fresh Sea Bass fillets lightly floured, cooked in the oven & served with fresh pesto drizzle, fresh chillies & cherry tomato. Served with a mixed leaf garnish.

### Choose From

#### Potato Choices

Chunky Chips  
Regular Fries  
Spicy Fries  
Paprika Fries  
Sweet Potato Fries (Add 1.50)  
Halloumi Fries (Add 3.50)  
Oven Roasted Potatoes  
Jacket Potato  
Garlic Herb & Butter Mashed (Add 1.50)

#### Sides

Roasted Vegetables  
Mixed Leaf Salad  
Garden Peas  
Sautéed Mushrooms (0.75)  
Boiled Rice

#### Add a sauce

Peppercorn 3.00  
Stilton 3.00  
Garlic, Honey, chilli 3.00  
Spicy, tangy tomato 3.00  
Sweet n Sticky BBQ 3.00  
Garlic Butter 2.00  
Diane 3.00



For optional vegan dishes & allergies, please talk to your waiter.  
Have you opened a 'Bank Account'? Ask your Teller for more details.  
Our fryers use oil containing soy, alternative arrangements can be made, please ask your server.  
Regarding any/all allergies please consult your waiter for assistance/more information  
(Discretionary service charge of 10% is added to all bills)



## PIZZA

Made with our own homemade dough. Customise with extra toppings 1.00 each. (Gluten free options available please ask your Teller.)

**Margarita** (Optional) 13.95  
Tomato base, Oregano, Mozzarella cheese & topped with fresh Basil

**Pollo** 14.95  
Tomato base, Oregano, Mozzarella cheese, chargrilled chicken strips, peppers and sweetcorn

**Pepperoni** (Optional) 15.95  
Tomato base, Oregano, Mozzarella cheese & spicy Salami

**Vegetarian** (Optional) 14.95  
Tomato base, Oregano, Mozzarella cheese, mushrooms, spinach, mixed peppers, red onions and fresh tomato.

**Hawaiian** 14.95  
Tomato base, Oregano, Mozzarella cheese, sliced ham & pineapple chunks

**Four Cheese** 15.95  
Tomato base, mozzarella, crumbled Stilton, cheddar & parmesan, topped with fresh rocket

**Inferno** 15.95  
Tomato base, mozzarella, chargrilled beef, jalapenos, fresh chilli & dashed Tabasco.

**Meat Feast** 17.95  
Tomato base, Oregano, Mozzarella cheese, sliced ham, sliced sausage, crispy bacon, spicy Salami, chargrilled chicken & beef

**Surf 'n' Turf** 16.95  
Tomato base, garlic, mozzarella chargrilled beef, baby Atlantic prawns.



## PASTA

**Napoli** 12.95  
Your choice of either penne or spaghetti cooked in diced onion, basil & tomato sauce topped with fresh basil. (Add Chicken 2.50)

**Pasta Bake** 14.95  
Penne pasta cooked in our own homemade rich & creamy bolognese sauce, topped with Mozzarella cheese and finished in the oven.

**Penne 'Mac' & Cheese** 14.95  
Penne pasta cooked in our own homemade rich & creamy cheese sauce, topped with Mozzarella cheese and finished in the oven. (Add Chicken 2.50)

**Pasta Terra** 15.95  
Your choice of either penne or spaghetti with mixed peppers, cherry tomatoes, fresh spinach, red onions and courgette all cooked in a rich

**Pesto** 13.95  
Your choice of either penne or spaghetti cooked with pesto, fresh rocket, pan fried cherry tomatoes, dash of cream. Topped with fresh rocket. (Add Chicken 2.50)

**Spaghetti Bolognese** 14.95  
Spaghetti pasta cooked in our own homemade rich & meaty bolognese sauce

**Arrabiatta** 13.95  
Your choice of either penne or spaghetti cooked with a Tabasco infused Napoli sauce with fresh chilli and peppers.

**Carbonara** 14.95  
Your choice of either penne or spaghetti cooked with diced pan fried onions, diced smoked bacon, dash of cream & parmesan cheese. (Add Chicken 2.50)

**Lasagne** 15.95  
Homemade beef lasagne served with a slice of garlic toasted baguette and your choice of chunky chips, regular fries, Paprika fries or spicy chilli fries. (Upgrade your fries to Halloumi fries for 3.50) (Upgrade to sweet potato fries for 1.50)