

MAIN MENU



BREADS

- Bread Board** **V VG** (Optional) £7.95
 A selection of our breads, butter & a selection of oils.
- Garlic Breads & Focaccias** made with our own homemade dough. Gluten free options available, please ask your Teller.
- Focaccia** **V VG** £7.50
 Pizza base, lightly salted, drizzled in Olive oil and sprinkled with Rosemary
- Garlic Bread Plain** **V VG** £7.50
 Pizza base, sprinkled with crushed garlic and herbs
- Garlic Bread Tomato** **V VG** £8.50
 Pizza base, sprinkled with crushed garlic, herbs and a lightly seasoned tomato sauce
- Garlic Bread Cheese** **V VG** (Optional) £8.50
 Pizza base, sprinkled with crushed garlic and herbs, covered in Mozzarella
- Garlic Bread Spicy** **V VG** £8.50
 Pizza base, sprinkled with crushed garlic, herbs and a lightly seasoned tomato sauce, fresh chilly, red onion & fresh basil.



STARTERS

- Homemade Soup** **V VG** (Optional) £5.95
 Fresh homemade soups all served with a bread roll and butter.
(please ask your Teller for daily options)
- Bruschetta** **V VG** (Optional) £6.95
 Two pieces of toasted garlic baguette topped with diced vine tomato, red onion, seasoned Olive oil, topped with fresh Rocket and Parmesan flakes.
- Breaded Mushrooms** **V** £6.95
 Fresh mushrooms, twice coated in our own seasoned breadcrumbs, deep fried & served with a mixed leaf garnish and garlic mayonnaise.
- Chicken Wings** £7.95
 Oven roasted chicken wings served in our own home made sauce. Choose from Sweet n Sticky BBQ, Spicy Chilly Tomato or Chilly-Honey-Garlic Glaze.
- Prawn Cocktail** £7.95
 Shredded Iceberg lettuce, grated carrots, fine sliced avocado, topped with prawns and homemade Marie Rose sauce.
- Paté** £7.95
 Our own homemade chicken liver pate lightly seasoned and slow cooked with cream, onions and a splash of brandy served with sliced garlic toasted baguette and butter.
- Calamari** £8.95
 Lightly floured and deep fried squid served with Tartar sauce.
- Filo Prawns** £7.95
 King prawns wrapped in filo pastry and fried, lightly seasoned with pink Himalayan salt and cracked black pepper.
- Half Rack of Ribs** £8.95
 Half rack of pork ribs slow roasted in the oven, served in our own home made glaze.
Choose from: Sweet n Sticky BBQ, Spicy Chilly Tomato or Chilly-Honey-Garlic



BURGERS

All our burgers are served on a brioche bun with Iceberg, coleslaw, and your choice of chunky chips, regular fries, Paprika fries or spicy chilli fries. Upgrade your fries to Halloumi fries for £3.50 or sweet potato fries £1.50

Bank £13.95
Seasoned cumbrian beef burger patty, tomato, lettuce and relish.

Bank Cheese n Bacon £14.95
Seasoned Cumbrian beef burger patty, a thick slab of melted cheddar, crispy bacon, tomato, lettuce and relish.

Italian Chicken £13.95
Seasoned breaded chicken breast topped with a rich, tangy tomato sauce and grated cheese

Moving Mountains V VG (Optional) Burger £13.95
Packed with plant protein, an irresistible juicy and succulent plant-based burger.

SALADS

From the Green House.

Garden Salad V VG (Optional) £10.95
Light and simple. Mixed lettuce, seasonal leaves, fresh sliced cucumber, fresh sliced tomatoes, diced peppers, onions & grated carrot, (optional croutons 50p)
(Add chargrilled chicken £1.50)

Nicoise Salad £11.95
Mixed lettuce, seasonal leaves, Tuna, Anchovies, capers and olives, free range eggs, seasonal mixed leaves, cucumber, tomato and dressing.

Chicken Caesar £12.95
Our take on a classic salad containing mixed lettuce, seasonal leaves, grilled chicken breast, anchovies, croutons, free-range egg, rocket, bacon, parmesan cheese shavings, and a classic caesar dressing.

Chicken, Bacon & Avocado Salad (when available) £12.95
Grilled chicken breast, crisped bacon and sliced avocado top a seasonal mixed leaves salad with fresh tomato and a honey mustard dressing.

SIDES

Chunky Chips £3.00
Regular Fries £3.00
Spicy Fries £3.00
Paprika Fries £3.00
Sweet Potato fries £3.50
Halloumi Fries £5.50
Jacket £2.50
Garlic, herb, butter mash £3.00
Oven roast veggies £2.50
Homemade coleslaw £2.00
Grilled mini cob £3.00
Onion Rings £3.00
Mixed Leaf Salad £2.50
Boiled Rice £2.00
Garden Peas £2.00
Sautéed Mushrooms £2.00
Mushy Peas £2.00

THE GRILL MAINS

10oz Sirloin £22.95
10oz Rump £19.95
10oz Fillet £28.95
(Make your steak surf n turf add pan fried king prawns £3.50)

10oz Gammon (served with Egg & Pineapple) £17.95
Bank Mixed Grill £28.95

For the really hungry. Gammon, sausage, rump steak, lamb chop, chicken breast, black pudding, mushrooms and grilled tomato.

Chicken Shish £18.95
Chunks of chargrilled chicken breast, lightly seasoned and served on a bed of shredded lettuce and mixed leaves

MAINS

Hunters Chicken £16.95
A grilled chicken breast cooked in our own homemade Sweet n Sticky BBQ sauce topped with bacon and melted cheddar cheese.

Deviled Chicken £16.95
Chargrilled chicken breast cooked with homemade Napoli sauce, Tabasco, fresh chilli & a dash of cream.

Peppercorn Chicken £16.95
Chargrilled chicken breast cooked in our homemade rich, creamy peppercorn sauce.

Lemon Chicken £16.95
Chargrilled chicken breast cooked in a homemade velvety lemon, butter, and white wine sauce.

Chicken 'n' Ribs Combo £19.95
Chargrilled chicken breast & half rack of ribs both cooked in one of our signature sauces, served with a grilled mini cob & homemade coleslaw. (choose your sauce: sweet 'n' sticky BBQ, Garlic-honey-chilli, or Spicy tangy tomato)

Rack of Ribs £17.95
A rack of slow cooked ribs slow roasted in the oven, served in our own home made glaze.

Lamb Shank £21.95
A succulent and juicy lamb shank, slow roasted & cooked in the oven, served in a red wine and lightly minted sauce.

Stroganoff £14.95
Diced onions, sliced mushrooms, brandy, red wine, paprika, cream & dash of French mustard combined into a rich creamy dish.

Mushroom Stroganoff V VG (Optional) £19.95

Chicken Stroganoff £24.95

Beef Stroganoff £13.95

Beer Battered Fish & Chips £21.50
A traditional classic. A Cod fish fillet lightly floured and dipped in our on homemade beer batter served with thick cut chips and peas.

Sea Bass £18.95
Two fresh Sea Bass fillets lightly floured, cooked in the oven & served with fresh pesto drizzle, fresh chillies & cherry tomato. Served with a mixed leaf garnish.

Salmon Fillet £18.95
A lightly seasoned grilled salmon fillet served in a light lemon & lime drizzle, served with a mixed leaf garnish.

Potato Choices

Chunky Chips
Regular Fries
Spicy Fries
Paprika Fries
Sweet Potato Fries (Add £1.50)
Halloumi Fries (Add £3.50)
Oven Roasted
Jacket
Garlic Herb & Butter Mashed (Add £1)

Sides

Vegetables
Mixed Leaf Salad
Garden Peas
Sautéed Mushrooms
Bioled Rice

Add a sauce

Peppercorn £3.00
Stilton £3.00
Garlic, Honey, chilly £3.00
Spicy, tangy tomato £3.00
Sweet n Sticky BBQ £3.00
Garlic Butter £2.00
Diane £3.00



V VG For optional vegan dishes & allergies, please talk to your waiter.

Have you opened a 'Bank Account'? Ask your Teller for more details.

Our fryers use oil containing soy, alternative arrangements can be made, please ask your server.

Regarding any/all allergies please consult your waiter for assistance/more information

(Discretionary service charge of 10% is added to all bills)

PIZZA

Made with our own homemade dough.
(Gluten free options available please ask your Teller.)

Margherita V VG (Optional) £12.95
Tomato base, Oregano, Mozzarella cheese & topped with fresh Basil

Pollo £13.95
Tomato base, Oregano, Mozzarella cheese, chargrilled chicken strips, peppers and sweetcorn

Pepperoni V VG (Optional) £13.95
Tomato base, Oregano, Mozzarella cheese & spicy Salami

Vegetariana V VG (Optional) £13.50
Tomato base, Oregano, Mozzarella cheese, mushrooms, spinach, mixed peppers, red onions and fresh tomato.

Hawaii £13.95
Tomato base, Oregano, Mozzarella cheese, sliced ham & pineapple chunks

Four Cheese £13.95
Tomato base, mozzarella, crumbled Stilton, cheddar & parmesan, topped with fresh rocket

Inferno £13.95
Tomato base, mozzarella, chargrilled beef, jalapenos, fresh chilli & dashed Tabasco.

Meat Feast £14.95
Tomato base, Oregano, Mozzarella cheese, sliced ham, sliced sausage, crispy bacon, spicy Salami, chargrilled chicken & beef

Surf 'n' Turf £14.95
Tomato base, garlic, mozzarella chargrilled beef, baby Atlantic prawns.

PASTA

Napoli V VG £11.95
Your choice of either penne or spaghetti cooked in diced onion, basil & tomato sauce topped with fresh basil.

Pasta Bake £12.95
Penne pasta cooked in our own homemade rich & creamy bolognese sauce, topped with Mozzarella cheese and finished in the oven.

Penne 'Mac' & Cheese V £12.95
Penne pasta cooked in our own homemade rich & creamy cheese sauce, topped with Mozzarella cheese and finished in the oven.

Pasta Terra V VG £12.95
Your choice of either penne or spaghetti with mixed peppers, cherry tomatoes, fresh spinach, red onions and courgette all cooked in a rich tomato sauce.

Spaghetti Bolognese £12.95
Spaghetti pasta cooked in our own homemade rich & meaty bolognese sauce

Pesto V £12.95
Your choice of either penne or spaghetti cooked with pesto, fresh rocket, pan fried cherry tomatoes, dash of cream. Topped with fresh rocket.

Arrabiatta V VG (Optional) £12.95
Your choice of either penne or spaghetti cooked with a Tabasco infused Napoli sauce with fresh chilli, peppers and spicy salami.

Carbonara £12.95
Your choice of either penne or spaghetti cooked with diced pan fried onions, diced smoked bacon, dash of cream & parmesan cheese.

Lasagne £13.95
Homemade beef lasagne served with a slice of garlic toasted baguette and your choice of chunky chips, regular fries, Paprika fries or spicy chilli fries. (Upgrade your fries to Halloumi fries for £3)